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Medical

NCCT-TSC

NCCT Technician in Surgery

Question: 83
Which of the following nursing interventions is appropriate for the patient with sickle cell crisis?

A. Moving and stretching swollen extremities.
B. Educating male patients to try and hold urine in the bladder to avoid developing priapism.
C. Providing rest in a quiet environment as much as possible.
D. Both A and B

Answer: C

The tech who is caring for a patient in sickle cell crisis should provide rest in a quiet environment as much as possible. The patient is typically in severe pain and may be in need of fluids to help with hydration. Depending on the type of procedure schedule, the patient with uncontrolled pain who is in acute sickle cell crisis may need to have surgery postponed to reduce the risk of infection and further complications.

Question: 84
A patient is being admitted for a surgical procedure to place an abdominal catheter for continuous ambulatory peritoneal dialysis. Which of the following complications should the tech educate the patient about as they prepare for the procedure?

A. Diarrhea
B. Abdominal hernia
C. Chest pain
D. Syncope

Answer: B

The tech should educate the patient about the potential complication for an abdominal hernia to develop after placement of a catheter for continuous ambulatory peritoneal dialysis. The fluid exchange that takes place may increase pressure in the abdomen. The most common types of hernias that occur in this situation include inguinal, diaphragmatic and umbilical hernias.

Question: 85
To prepare the patient for transfer to the post-anesthesia care unit (PACU), the tech must move the patient to a stretcher and secure their body. What other interventions should the perioperative tech do to prepare the patient for transfer?

A. Elevate the head of the bed 90 degrees.
B. Gather the patient's belongings and place them at the foot of the bed.
C. Raise the side rails on the stretcher.
D. Swaddle the patient's body with a dry, heavy blanket.

Answer: C

The tech should raise the side rails on the stretcher before transferring a patient to the PACU. This promotes patient safety and prevents injury if the patient were to roll over or fall from the bed. Side rails should be up any time a patient is in bed, even if they are alert and oriented. Lower the side rails when the patient is ready to be transferred to the next bed.

Question: 86
A patient is transferred to the PACU and presents with snoring respirations and little chest expansion while breathing. The tech notes that their oxygen saturations are at 94% and starting to decrease. What is the tech's first action?

A. Perform a jaw thrust to open the airway.
B. Notify the physician immediately.
C. Stimulate the patient to take deeper breaths.
D. Turn the patient prone.

Answer: C

The tech should stimulate the patient to take deeper breaths. The patient may be in a relaxed state following anesthesia and the tongue muscle may slip backward, partially occluding the airway. By stimulating the patient, they may awaken slightly and take several deep breaths, reducing snoring and increasing respiratory effort and oxygen saturations. If depressed respirations continue, the tech should consider repositioning the patient and administering oxygen.

Question: 87
Which of the following is the most common reason for agitation and confusion during the time period when the patient is transferred from the operating room?

A. Pain
B. Hypothermia
C. Hypoxemia
D. A history of depression

Answer: C

Hypoxemia is the most common reason for agitation and confusion during the time period when the patient is transferred from the operating room. Hypoxemia results in decreased blood flow throughout the body, including to the brain, which may cause the confusion. The tech should assess the patient's levels of oxygenation and provide supplemental oxygen if necessary.

Question: 88
Which of the following is an essential element of planning for the patient's postoperative care?

A. Involving family members in the patient's care
B. Eliminating the causes of pain before discharge

C. Progressing the diet to return to normal
D. Both A and C

Answer: A

An essential element of planning for the patient's postoperative care is involving family members in the patient's care. Family members or significant others are extremely important for providing support and help with a patient after surgery and should be taught the best methods of care alongside the patient. The patient may be free from pain before discharge, but pain may not be eliminated entirely; it should, however, be under control. The patient may or may not return to a normal diet right away, depending on the surgical procedure.

Question: 89
Which of the following subjects are appropriate teaching topics for the patient's family?

A. The physician's cell number in case of emergency
B. The reasons, side effects, dosage, and timing for every medication the patient will be taking
C. Instructions about what to do if the patient decides to ambulate to use the bathroom
D. Both B and C

Answer: B

The family should be taught the reasons, side effects, dosage and timing for every medication the patient will be taking. Medications have a large impact on the patient's ability to heal as well as providing pain control. The family should have knowledge of medications, as well as why they are used and where to obtain them, in order to support the patient's healing process.

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