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# NCC-AP

National Certified Addiction Counselor, Level I



#### Question: 194

What is a common medication used for the treatment of nicotine use disorder that helps reduce cravings and withdrawal symptoms by providing nicotine replacement?

- A. Varenicline
- B. Naltrexone
- C. Acamprosate
- D. Nicotine gum

#### Answer: D

#### Question: 195

Which of the following is a technique used in relapse prevention for substance use disorders that involves developing a plan for managing high-risk situations?

- A. Assertiveness training
- B. Cue exposure therapy
- C. Contingency management
- D. Coping skills training

Answer: D



What is a common symptom of cannabis withdrawal?

- A. Mydriasis
- B. Hypotension
- C. Hyperactivity
- D. Irritability

#### Answer: D



#### Question: 197

Which of the following is a common symptom of sedative-hypnotic use disorder?

- A. Mydriasis
- B. Hypotension
- C. Hyperactivity
- D. Sedation

#### Answer: D

#### Question: 198

What is a common medication used for the treatment of stimulant use disorder that helps reduce cravings and withdrawal symptoms by affecting norepinephrine levels?

- A. Methadone
- B. Naloxone
- C. Buprenorphine
- D. Atomoxetine

Answer: D



#### Question: 199

Which of the following is a technique used in relapse prevention for substance use disorders that involves developing a relapse prevention plan and practicing new coping skills?

- A. Assertiveness training
- B. Cue exposure therapy
- C. Contingency management
- D. Coping skills training

#### Answer: D

#### **Question: 200**

What is a common symptom of caffeine withdrawal?

- A. Mydriasis
- B. Hypotension
- C. Fatigue
- D. Hyperactivity

#### Answer: C

#### Question: 201

What is a common medication used for the treatment of sedative-hypnotic use disorder that helps reduce cravings and withdrawal symptoms by modulating glutamate activity?

- A. Methadone
- B. Naloxone
- C. Buprenorphine
- D. Gabapentin

Answer: D



#### Question: 202

Which of the following is a technique used in motivational interviewing for substance use disorders that involves exploring the client's confidence in making changes?

- A. Reflective listening
- B. Decisional balance
- C. Directive advice
- D. Scaling questions

#### Answer: D

#### **Question: 203**

What is a common symptom of hallucinogen withdrawal?

- A. Mydriasis
- B. Hypertension
- C. Hyperactivity
- D. Depressed mood

Answer: D







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