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Question: 758

A patient with an ileostomy is experiencing a blockage. As the ostomy nurse, which of the following interventions should you prioritize to manage this complication effectively?

- A. Encourage the patient to drink more fluids and eat soft foods
- B. Recommend immediate pouch removal to assess for dislodgement
- C. Instruct the patient to take a laxative immediately
- D. Advise the patient to perform abdominal massage and position changes

Answer: D

Explanation: Abdominal massage and position changes can help relieve a blockage by stimulating peristalsis and promoting the passage of contents through the stoma.

Question: 759

During a patient education session, the nurse explains the importance of using accessories for stoma care. Which accessory would be most beneficial for a patient with a stoma that is flush with the skin?

- A. A convexity insert to enhance stoma projection
- B. A skin barrier with a built-in filter
- C. A pouch cover for aesthetic purposes
- D. A drainage bag for increased capacity

Answer: A

Explanation: A convexity insert can help improve stoma projection, enhancing the fit of the pouch for flush stomas.

Question: 760

A patient with a urostomy is planning to travel internationally. What is the most important advice you can provide to ensure their pouching system remains secure during the trip?

- A. Limit fluid intake to avoid frequent restroom visits

- B. Pack extra pouches and supplies in their carry-on luggage
- C. Use a pouch that is smaller and more discreet
- D. Avoid discussing their ostomy with travel companions

Answer: B

Explanation: Packing extra pouches and supplies ensures that the patient has what they need in case of emergencies while traveling.

Question: 761

A nurse is assessing a patient with a loop stoma who has been experiencing excessive gas and odor. Which accessory might the nurse suggest to help manage these symptoms effectively?

- A. Skin barrier spray
- B. Convex wafer
- C. Stoma cap
- D. Filter pouch

Answer: D

Explanation: A filter pouch is designed to manage gas and odor, allowing gas to escape while containing odor. Convex wafers do not address gas issues, while stoma caps and skin barrier sprays serve different purposes.

Question: 762

A patient with a history of multiple abdominal surgeries now presents with bowel obstruction due to adhesions. What is the surgical indication for intervention in this case?

- A. To provide palliative care
- B. To restore bowel continuity
- C. To relieve the obstruction and prevent ischemia
- D. To assess for malignancy

Answer: C

Explanation: The surgical indication is to relieve the obstruction and prevent ischemia, which can occur if the bowel remains obstructed.

Question: 763

In planning care for a patient with a urostomy, what is the most critical educational point the nurse should emphasize to ensure effective management of their condition?

- A. Understanding the importance of hydration and monitoring urine color.

- B. Regularly checking the pouch for leaks or odor.
- C. Maintaining a consistent schedule for catheter changes.
- D. Limiting fluid intake to avoid frequent urination.

Answer: A

Explanation: Emphasizing hydration and monitoring urine color is vital for urostomy patients to prevent complications and ensure effective management of their condition.

Question: 764

A newly diagnosed ostomy patient is seeking information about local support groups and advocacy resources. Which of the following resources should the nurse recommend that best aligns with the patient's need for community support and education?

- A. Local hospital's outpatient wound care program
- B. The United Ostomy Associations of America (UOAA)
- C. A general health clinic's pamphlet on diet
- D. Online forums without professional oversight

Answer: B

Explanation: The UOAA provides tailored resources, education, and support specifically for individuals with ostomies, facilitating community connections and advocacy.

Question: 765

In a scenario where a patient with a loop stoma is experiencing significant output, what is the most appropriate accessory to recommend to enhance pouch management?

- A. A thicker pouch
- B. An ostomy belt
- C. A skin barrier
- D. A pouch with a built-in filter

Answer: D

Explanation: A pouch with a built-in filter is appropriate for managing significant output as it helps to control odor and can accommodate the increased volume more effectively.

Question: 766

A 60-year-old patient presents with a traumatic injury to the abdomen and signs of bowel perforation. What is the most critical surgical indication for intervention in this scenario?

- A. To assess for other injuries

- B. To improve nutritional intake
- C. To facilitate bowel rest
- D. To repair the perforation and prevent peritonitis

Answer: D

Explanation: The most critical surgical indication is to repair the perforation and prevent peritonitis, which can be life-threatening.

Question: 767

A nurse is assessing a patient who has developed peristomal skin irritation. The patient uses a hydrocolloid dressing. Which of the following factors should the nurse consider as a potential cause of the irritation?

- A. The dressing is too thick and causes pressure on the skin
- B. The dressing may be too small and not covering the stoma adequately
- C. The patient's skin may be sensitive to the adhesive in the dressing
- D. The dressing is too porous and allows excessive moisture accumulation

Answer: C

Explanation: Skin sensitivity to adhesive materials can lead to irritation, especially with hydrocolloid dressings. This requires careful assessment and possible change of products.

Question: 768

During a home visit, you notice that a patient with an ostomy is using a pouch that appears too large for their stoma. What is the most likely consequence of this improper fit?

- A. Increased likelihood of leakage and discomfort
- B. Improved protection against skin irritation
- C. Enhanced pouch capacity for output
- D. Greater ease in pouch application

Answer: A

Explanation: A pouch that is too large can lead to increased leakage and discomfort, as it may not conform well to the stoma's shape.

Question: 769

In caring for a patient with a loop stoma, the nurse observes increased output and mucous discharge. What should the nurse do first in response to these findings?

- A. Increase the frequency of pouch changes.

- B. Notify the healthcare provider.
- C. Educate the patient about dietary changes.
- D. Document the findings and monitor for changes.

Answer: B

Explanation: Notifying the healthcare provider is the priority action because increased output and mucous discharge may indicate complications that require further evaluation and intervention.

Question: 770

During an assessment, a nurse discovers that a patient with a colostomy has developed significant leakage from their pouch. What is the most appropriate initial step in managing this complication?

- A. Change the pouch immediately
- B. Instruct the patient to increase fluid intake
- C. Assess the stoma for infection or irritation
- D. Recommend a different pouching system

Answer: C

Explanation: Assessing the stoma for infection or irritation is crucial to determine the underlying cause of the leakage before deciding on management.

Question: 771

In assessing the outcomes of a continent reservoir procedure, which factor is paramount in predicting the long-term success of continence?

- A. Surgical technique used
- B. Patient adherence to follow-up
- C. Reservoir capacity
- D. Type of reservoir created

Answer: C

Explanation: Reservoir capacity directly influences continence, as a larger capacity can accommodate greater stool volume, reducing the frequency of evacuations.

Question: 772

In a patient with an ileostomy, which of the following findings would indicate a potential obstruction requiring immediate intervention?

- A. Watery output with a foul odor
- B. Stoma appears slightly swollen with no discomfort

- C. Increased flatulence and belching
- D. Sudden decrease in stoma output accompanied by abdominal pain

Answer: D

Explanation: A sudden decrease in output along with abdominal pain may indicate an obstruction, which necessitates immediate evaluation and intervention.

Question: 773

In a patient with a continent diversion, which assessment finding would necessitate immediate nursing intervention due to the potential for complications?

- A. Darkening of the skin around the stoma
- B. A small amount of effluent with a normal appearance
- C. Increased frequency of catheterization without pain
- D. Mild tenderness around the stoma

Answer: A

Explanation: Darkening of the skin around the stoma could indicate compromised blood flow or necrosis, necessitating immediate intervention to prevent serious complications.

Question: 774

A nurse is educating a patient who has undergone a surgical procedure resulting in an ileostomy. Which statement by the patient indicates a need for further teaching regarding potential complications?

- A. "I should monitor for signs of dehydration."
- B. "Skin irritation can occur if the bag is not applied correctly."
- C. "I can expect my output to be thick and formed."
- D. "I need to be aware of possible blockages in the stoma."

Answer: C

Explanation: Patients with an ileostomy typically have a more liquid output due to the part of the intestine involved. A thick and formed output is not expected, indicating a need for further education.

Question: 775

A bariatric patient is scheduled for an ostomy due to complications from obesity. Which of the following is the most important factor to consider in preoperative planning for this patient?

- A. The surgical technique to be used
- B. Type of ostomy appliance
- C. Nutritional status and planning

D. Postoperative pain management

Answer: C

Explanation: Bariatric patients may have specific nutritional needs and challenges; addressing these preoperatively is crucial for optimal recovery and ostomy management post-surgery.

Question: 776

A patient presents with a fistula that has been present for over six weeks. What is the most appropriate next step in management if there is no sign of healing?

- A. Referral to a dietitian
- B. Trial of conservative management
- C. Initiation of a new medication regimen
- D. Surgical revision

Answer: D

Explanation: If a fistula has not shown signs of healing after six weeks, surgical intervention may be necessary to address the underlying issue and promote closure.

Question: 777

A patient with an ileostomy is concerned about weight loss since surgery. Which of the following dietary recommendations should be prioritized to help increase caloric intake while maintaining normal output?

- A. Increase intake of raw vegetables for fiber
- B. Avoid all dairy products to prevent gas
- C. Focus on high-calorie, low-fiber foods
- D. Limit protein sources to avoid diarrhea

Answer: C

Explanation: High-calorie, low-fiber foods can help increase caloric intake without significantly increasing output, which is important for patients with an ileostomy.

Question: 778

A nurse is assessing a patient who has developed a colocutaneous fistula following a colon resection. The patient expresses feelings of embarrassment and isolation. What is the most effective initial approach for the nurse to take in addressing the psychosocial issues associated with this condition?

- A. Refer the patient to a support group for individuals with ostomies
- B. Encourage the patient to talk about their feelings and concerns regarding the fistula
- C. Provide educational materials about fistula management

D. Suggest the patient focus on physical recovery rather than emotional distress

Answer: B

Explanation: Allowing the patient to express their feelings and concerns is a crucial initial step in addressing psychosocial issues and promoting emotional well-being.



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