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Sexual Assault Nurse Examiner - Adult - Adolescent

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Question: 1108

A forensic nurse is tasked with collecting evidence from a victim who has a history of substance abuse. What is the most significant consideration during the examination?

- A. Focusing primarily on physical evidence
- B. Confronting her about her substance use to assess reliability
- C. Documenting her substance abuse history in detail for legal purposes
- D. Recognizing that substance abuse may impact the victim's recollection and consent

Answer: D

Explanation: Recognizing that substance abuse may impact the victim's recollection and consent is crucial for understanding her experience and guiding the examination.

Question: 1109

What is a common psychosocial issue faced by survivors from underserved populations regarding their access to care?

- A. Abundant resources and support
- B. High levels of trust in the healthcare system
- C. Lack of understanding from healthcare professionals about their unique experiences
- D. Immediate access to mental health services

Answer: C

Explanation: Survivors from underserved populations may experience a lack of understanding from healthcare professionals about their unique experiences, impacting their access to care.

Question: 1110

When responding to a sexual assault case, what is the primary goal of the SANE during the patient examination?

- A. To collect as much evidence as possible regardless of patient comfort
- B. To provide legal advice to the patient
- C. To ensure that the patient's physical and emotional needs are prioritized while gathering necessary evidence
- D. To expedite the examination process for legal reporting

Answer: C

Explanation: The primary goal of the SANE is to prioritize the patient's physical and emotional needs while gathering necessary evidence, ensuring a supportive environment during the examination process.

Question: 1111

When documenting the patient's response to trauma, which type of data should you prioritize to ensure a comprehensive understanding of the patient's experience?

- A. A combination of subjective and objective data, including the patient's narrative
- B. Only objective data regarding physical injuries
- C. Solely subjective data to reflect the patient's feelings

D. Generalized statements about trauma responses without specifics

Answer: A

Explanation: A combination of subjective and objective data provides a well-rounded understanding of the patient's experience and condition.

Question: 1112

During an examination, the nurse notes signs of acute inflammation in the vaginal area, including redness and swelling. What are these findings most likely associated with?

- A. Recent sexual activity
- B. A sexually transmitted infection
- C. All of the above
- D. An allergic reaction to a product

Answer: C

Explanation: Acute inflammation characterized by redness and swelling in the vaginal area can be associated with recent sexual activity, sexually transmitted infections, or allergic reactions to products. Each possibility should be considered in the assessment.

Question: 1113

When evaluating a patient who has reported a sexual assault involving an object, what is the most critical detail to document?

- A. The patient's emotional response to the assault
- B. The type of object used
- C. The duration of the assault

D. The presence of witnesses

Answer: B

Explanation: Documenting the type of object used is essential for legal purposes and understanding the nature of the assault.

Question: 1114

In the context of a forensic examination, what is the primary reason for ensuring that the patient understands the implications of consent, particularly in the context of evidence collection?

- A. To fulfill legal requirements for evidence collection
- B. To expedite the evidence collection process
- C. To allow the patient to feel empowered in her choices
- D. To prepare for potential future legal proceedings

Answer: C

Explanation: Ensuring the patient understands the implications of consent empowers her choices, promotes autonomy, and enhances her comfort during a vulnerable time.

Question: 1115

In what way can the concept of delayed disclosure impact the forensic nursing assessment of a patient who has experienced sexual violence?

- A. It suggests the victim is lying.
- B. It indicates the need for immediate forensic evidence collection.
- C. It has no relevance to the assessment process.
- D. It requires nurses to understand the psychological factors at play and adjust their assessments accordingly.

Answer: D

Explanation: Understanding the psychological factors behind delayed disclosure helps nurses adjust their assessments and provide appropriate support to survivors.

Question: 1116

Why is it important to document a patient's medical and surgical history in the context of a sexual assault examination?

- A. To understand any previous health issues that could complicate the current situation
- B. To create a narrative for law enforcement
- C. To determine the patient's eligibility for insurance coverage
- D. To compare the patient's medical history with that of other victims

Answer: A

Explanation: Documenting medical and surgical history helps identify any previous health issues or procedures that may complicate the current examination or treatment, ensuring appropriate care.

Question: 1117

During a forensic examination of a suspect, what is the primary reason for conducting a thorough assessment of trace evidence?

- A. To create a comprehensive report for law enforcement
- B. To gather information that may link the suspect to the crime scene or victim
- C. To identify any potential witnesses to the crime
- D. To fulfill hospital documentation requirements

Answer: B

Explanation: Conducting a thorough assessment of trace evidence is crucial for gathering information that may link the suspect to the crime scene or victim, which is essential for the investigation.

Question: 1118

Which of the following best describes the various forms of sexual violence, including coercive sexual acts and exploitation, and how they differ in terms of consent and power dynamics?

- A. Sexual violence encompasses a range of behaviors that violate an individual's autonomy and involve an imbalance of power.
- B. Coercive sexual acts involve explicit consent, while exploitation occurs in consensual relationships.
- C. Sexual violence is limited to physical acts and does not include psychological manipulation.
- D. Only physical forms of sexual violence are recognized by law.

Answer: A

Explanation: Sexual violence includes various behaviors that violate personal autonomy and typically involve an imbalance of power, underscoring the importance of understanding consent.

Question: 1119

In the context of an anal examination following a sexual assault, what is the appropriate use of an anoscope according to the nurse's scope of practice?

- A. To visualize the rectal mucosa and identify any trauma
- B. To assess for perianal abrasions only
- C. To collect a tissue sample for biopsy
- D. To perform a digital rectal exam

Answer: A

Explanation: The anoscope is used to visualize the rectal mucosa and identify any trauma, ensuring a thorough evaluation of potential injuries following a sexual assault. This technique falls within the scope of practice for trained forensic nurses.

Question: 1120

In the context of patient-centered care, what is a critical factor to consider when conducting a forensic examination on a suspect?

- A. The importance of treating the suspect with respect and dignity throughout the examination process
- B. The need to prioritize law enforcement's interests over the suspect's rights
- C. The necessity of documenting only findings that support the charges against the suspect
- D. The relevance of the suspect's prior criminal record to the examination

Answer: A

Explanation: Treating the suspect with respect and dignity throughout the examination process is essential for upholding ethical standards and ensuring a fair examination.

Question: 1121

Forensic scientists play a crucial role in the analysis of evidence collected in sexual assault cases. Which of the following tasks is primarily performed by forensic scientists?

- A. Conducting interviews with victims
- B. Providing immediate medical care to the victim
- C. Analyzing biological samples for DNA and trace evidence

D. Securing the crime scene

Answer: C

Explanation: Forensic scientists specialize in analyzing biological and physical evidence collected from the crime scene, which is vital for corroborating the victim's account and supporting legal proceedings.

Question: 1122

In the context of biases held by healthcare professionals, which belief can lead to the misinterpretation of a sexual assault victim's behavior during an examination?

- A. Victims will always present with physical injuries.
- B. All victims experience the same psychological responses.
- C. Victims may exhibit a range of emotional responses, including calmness or detachment.
- D. Victims should always disclose their experiences immediately.

Answer: A

Explanation: The belief that victims will always present with physical injuries can lead to misinterpretation of their behavior and undermine the validity of their experiences, impacting the quality of care provided.

Question: 1123

During a care planning meeting, a nurse discusses the importance of understanding a patient's cultural beliefs regarding reproductive health. Which of the following questions would be most appropriate to ask the patient to guide this discussion?

- A. How do your friends feel about contraception?
- B. What are your family's views on pregnancy prevention?
- C. What cultural practices influence your view on pregnancy?
- D. Are you comfortable discussing birth control options?

Answer: C

Explanation: Asking about cultural practices that influence her view on pregnancy encourages her to share relevant beliefs and values that can impact care.

Question: 1124

In the context of sexual assault examinations, what is the primary purpose of using a Foley catheter for visualization of the hymen?

- A. To collect urine for toxicology screening
- B. To facilitate direct visualization of potential injuries
- C. To administer medications during the examination
- D. To prevent contamination from external sources

Answer: B

Explanation: A Foley catheter can be used to facilitate direct visualization of the hymen and surrounding structures, allowing for a more thorough assessment of potential injuries. This technique enhances the accuracy of the examination.

Question: 1125

You are working with an adolescent patient who has experienced trauma. To establish rapport and facilitate disclosure, which strategy should be prioritized considering the patient's developmental level and social context?

- A. Engaging in age-appropriate conversation and validating feelings
- B. Using complex medical terminology to assert professionalism
- C. Avoiding personal interaction to maintain professional boundaries

D. Rushing through the process to minimize discomfort

Answer: A

Explanation: Engaging in age-appropriate conversation helps build trust and creates a safe space for the patient to disclose sensitive information. Validating feelings is crucial for establishing rapport, especially with younger patients who may feel vulnerable.

Question: 1126

During a forensic examination of a sexual assault survivor, you recognize the importance of obtaining informed consent. Which of the following best describes the primary purpose of informed consent in this context?

- A. To ensure that the patient understands the nature, risks, and benefits of the examination and any procedures involved
- B. To protect the healthcare provider from legal repercussions
- C. To expedite the examination process and minimize discussion
- D. To document that the patient has been informed about the legal implications of their case

Answer: A

Explanation: The primary purpose of informed consent is to ensure that the patient understands the nature, risks, and benefits of the examination and any procedures involved, fostering trust and patient autonomy.

Question: 1127

In providing patient-centered outcomes for survivors of sexual violence, what is a crucial aspect for healthcare providers to consider?

- A. The provider's personal beliefs about the case
- B. A standardized treatment approach for all patients

- C. The survivor's preferences, values, and cultural background
- D. The urgency of the case over patient comfort

Answer: C

Explanation: Considering the survivor's preferences, values, and cultural background is essential for achieving patient-centered outcomes and respecting the individual needs of each survivor.



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