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**NIC**

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National-Interstate Council Cosmetology Licensing Exam

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### Question: 1846

In selecting chemical products for relaxing fine, low-elasticity hair, what mild formula type prioritizes moisture retention to prevent breakage?

- A. Low-pH thio relaxer with humectants for gentle straightening
- B. Keratin-infused with formaldehyde
- C. Acid-based curl reducer
- D. High-pH hydroxide without additives

**Answer:** A

Explanation: Fine low-elasticity hair benefits from low-pH thio's mild action and humectants preserving moisture, minimizing breakage. High-pH too strong, keratin semi-permanent.

### Question: 1847

When blow-drying hair, using a largediameter brush results in

- A. a long-lasting hairstyle
- B. curly hair
- C. loose curls
- D. a layered hairstyle

**Answer:** C

Explanation: The larger diameter the brush, the looser the curls.

### Question: 1848

In the context of cosmetic chemistry, what is the importance of the term "emulsion"?

- A. It represents a type of surfactant
- B. It indicates a stable mixture of oil and water
- C. It refers to a solid mixture
- D. It describes a gas solution

**Answer:** B

Explanation: An emulsion is a stable mixture of oil and water, often stabilized by emulsifiers. This concept

is crucial in formulating creams, lotions, and other products where oil and water must coexist without separating.

**Question: 1849**

Very long hair can present a challenge for the colorist because the ends of the hair are

- A. overporous
- B. dark
- C. coarse
- D. extremely dense

**Answer:** A

Explanation: The ends of long hair may be overporous and may therefore accept color differently than the rest of the hair.

**Question: 1850**

For color formulation in a corrective service where hair shows green undertones from faded ash color, what base tone and level adjustment neutralizes this while achieving a natural level 7 beige?

- A. Use red-based level 6 with neutral mixer and 10-volume developer
- B. Incorporate violet-based level 7 with gold undertones and 20-volume developer
- C. Apply orange-based level 8 with ash undertones and 30-volume developer
- D. Mix blue-based level 7 with violet and 40-volume developer

**Answer:** A

Explanation: Green undertones are neutralized by red, opposite on the color wheel, so a red-based level 6 deposits warmth to correct while blending to level 7 beige with 10-volume for deposit-focused application. Violet would enhance coolness, and higher volumes might lift undesirably.

**Question: 1851**

A good haircut is

- A. a reason to charge more for all other services
- B. the foundation for all salon hair services
- C. not important to successful hairstyling
- D. the best way to judge a salon's services

**Answer: B**

Explanation: A good haircut is the foundation for all other salon hair services.

**Question: 1852**

A technician is evaluating the "Moisture Content" of the nail. What does a "Fair to Poor" moisture rating usually indicate?

- A. The nail is highly flexible and healthy
- B. The nail is thick and difficult to cut
- C. The nail is brittle and prone to splitting or snapping
- D. The nail is oily and will not hold polish well

**Answer: C**

Explanation: Moisture content refers to the water and oil balance within the nail plate. A poor rating means the nail is dry and brittle. This requires a recommendation for daily cuticle oil and avoiding harsh chemicals.

**Question: 1853**

A client has an abnormal growth of the hair characterized by the terminal hair growing in areas of the body that normally only bear vellus hair. What is this condition called?

- A. Hirsutism
- B. Fragilitas crinium
- C. Trichoptilosis
- D. Alopecia areata

**Answer: A**

Explanation: Hirsutism, also known as hypertrichosis, refers to the growth of an unusual amount of hair on parts of the body normally bearing only downy hair, such as the faces of women or the backs of men.

**Question: 1854**

The cosmetologist's knowledge of skin diseases should encompass

- A. when to use electrical or ultraviolet therapy
- B. what lotions to apply for each condition
- C. what corrective measures to take
- D. when to advise a client to seek medical treatment

**Answer: D**

Explanation: Cosmetologists do not treat skin diseases, but they must recognize when a client should seek treatment from a doctor.

### Question: 1855

In the "three-part" service procedure, which part includes the shampoo and scalp massage?

- A. The actual service
- B. Service completion
- C. Post-service
- D. Pre-service

**Answer: A**

Explanation: The "Three-Part Procedure" consists of: 1. Pre-Service (setup and consultation), 2. Service (the actual technical work, including shampooing, cutting, or coloring), and 3. Post-Service (cleanup and retail). Shampooing and scalp treatments are considered part of the core "Service" phase.

### Question: 1856

What type of chemical reaction is involved in the process of saponification in the production of soaps?

- A. Neutralization
- B. Reduction
- C. Hydrolysis
- D. Oxidation

**Answer: C**

Explanation: Saponification is a hydrolysis reaction where fats or oils react with an alkali, typically sodium hydroxide, to produce soap and glycerin. This process is fundamental in soap-making.

### Question: 1857

Extractor autoclaved at 121 degrees C exceeds metal tolerance; what infection control alternative suits stainless steel implements?

- A. UV cabinet 30 minutes
- B. Alcohol immersion only

- C. Chemical vapor sterilization at 132 degrees C for 20 minutes
- D. Dry heat at 170 degrees C

**Answer:** C

Explanation: Stainless steel extractors tolerate chemical vapor at 132 degrees C/20 minutes for spore elimination without corrosion, unlike steam autoclave; UV/alcohol insufficient for prions or biofilms.

### Question: 1858

What is the primary purpose of using a diffuser attachment on a blow dryer?

- A. To straighten the hair
- B. To create volume and reduce frizz
- C. To speed up drying time
- D. To add shine to the hair

**Answer:** B

Explanation: A diffuser attachment is designed to create volume and reduce frizz by dispersing the airflow evenly. This helps to maintain the natural curl pattern without disrupting it, making it ideal for curly or wavy hair.

### Question: 1859

A balanced diet should include

- A. a variety of foods
- B. a large number of calories
- C. caffeine
- D. plenty of fat

**Answer:** A

Explanation: A balanced diet should include a variety of different foods

### Question: 1860

Transverse leukonychia totalis, arsenic exposure history (urine As 75 µg/L). Response?

- A. Overlay
- B. Buff off
- C. Polish

**D. Systemic toxicity contraindication**

**Answer: D**

Explanation: Heavy metal leukonychia requires chelation/monitoring, prohibiting salon toxins; documentation details urine levels (>50 toxic), opacity grade, occupational history, and toxicology referral.

### **Question: 1861**

In an NIC blood exposure scenario, if the injury requires medical attention beyond first aid, the protocol includes advising the client to:

- A. Sign a waiver releasing the salon
- B. Seek professional medical evaluation and provide information on the exposure incident
- C. Resume the service after bandaging
- D. Wait 24 hours before seeking care

**Answer: B**

Explanation: NIC procedure requires, after basic first aid, advising the client to seek medical attention if needed and providing details about the exposure (e.g., time, nature) to aid evaluation for bloodborne pathogen risk.

### **Question: 1862**

Which statement about contamination is correct?

- A. Contamination can be avoided by means of frequent
- B. The skin and hair can be sterilized to reduce contamination.
- C. All everyday objects are contaminated with
- D. Contamination in the salon is illegal and cause for losing

**Answer: C**

Explanation:

Everything you touch is contaminated with microorganisms.

### **Question: 1863**

Which system is responsible for the circulation of blood through the body, including the heart, arteries, veins, and capillaries?

- A. Excretory system

- B. Lymph-vascular system
- C. Vascular system
- D. Endocrine system

**Answer:** C

Explanation: The vascular system, also known as the circulatory system, is a closed-loop system that transports blood, nutrients, and oxygen to cells while removing waste products like carbon dioxide.

### Question: 1864

When should a nail technician replace their nail files?

- A. When they become worn or damaged
- B. Only if they lose their shape
- C. Once a month
- D. After every client

**Answer:** A

Explanation: Nail files should be replaced when they become worn or damaged, as their effectiveness decreases over time. Using a worn file can lead to uneven filing and potential damage to the natural nail, making regular replacement essential for quality service.



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